



Mantes

IN YOUR ELEMENT

A specialist training and coaching consultancy; working to unlock personal and team potential



INCLUSIVE

Working with teams, schools, families & individuals in this transformational training

PERSONALITY

We have found that training about personality in all incidences has been transformational for any team of any size

ELEMENTS

The natural elements of fire, wind, earth and water help determine both individual and team strengths

TRANSFORMATIONAL

Mantes have worked with IYE for many years. In all business start-ups, existing enterprises and long term teams.

Beth was invited by Ruth Adams (founder of IYE) to join the IYE team and now both Ruth and Beth work with teams, schools, families, individuals in this transformational training.

In Your Element uses the natural elements of fire, wind, earth and water to help determine both individual and team strengths and challenges that affect everything from career choice to daily "to do" lists. We choose to act on what we value, and each element type values very different things.



fire



wind



earth



water



STRENGTHS

It's been said that self-understanding is the key to success both in work and personal relationships so a great place to begin to ensure you're in your element would be to understand more about your own communication style, strengths and motivations to make sure the future has more of what you want and less of what you don't.

In Your Element offer various training packages tailored to the setting, which looks to enlighten the personality types within the team and from there we can identify ways to improve learning, communication, achievements, relationships, job satisfaction and much more.

FIRE, WIND, EARTH & WATER

The four elements:

Fire personality types thrive on challenge and choice. They are decisive and assertive and bring light into situations. They radiate passion for their goals and have a 'can do' attitude.

Wind personality types thrive on change and variety. They have lots of creative ideas and bring energy and excitement wherever they are. They are uplifting and positive and can see the big picture.


Earth personality types thrive on order and structure. They are grounded and solid and understand the gravity of each situation. They support and grow the plan and ideas of others.

Water personality types thrive on harmony and stability. They can help dilute conflict and cleanse difficult situations, understanding the importance of being flexible.



We have loved working with Sam and Beth as they have guided and supported us along our long and tricky road. As a team, they are very committed, passionate, hard working and enthusiastic. Sam and Beth have shared our vision and have helped us achieve our goal. We would highly recommend them - they are a joy to work with.

Carol Mayhew
Yorkshire

 in your
element

